

## MISSION HILLS LOCATION

11134 Sepulveda Blvd., Missions Hills, CA 91345

ADMISSIONS: 818-925-1451

## HARBOR RECUPERATIVE CARE

ADVOCATING FOR THE HOMELESS WHO ARE FORCED TO GO BACK AND FORTH  
BETWEEN HOSPITALS AND THE STREETS.

## LANCASTER LOCATION

44758 Elm Ave., Lancaster, CA 93534

ADMISSIONS: 818-925-1451



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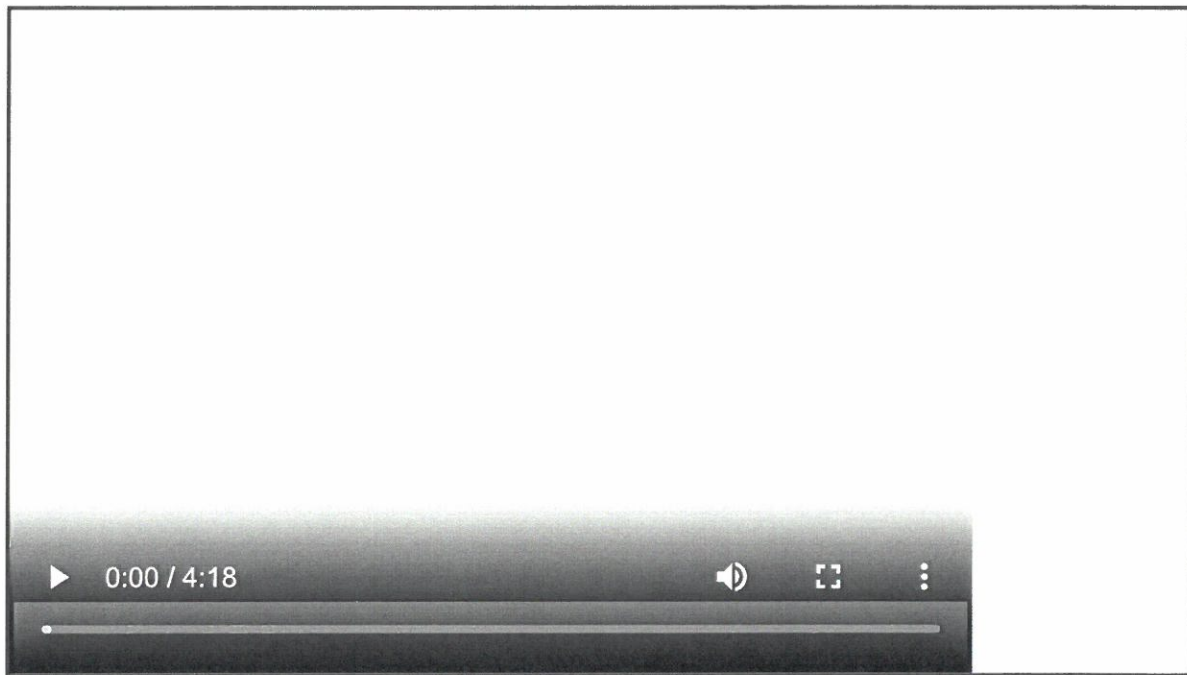
# ABOUT

## About Harbor Recuperative Care Center

Harbor Recuperative Care (HRC) is located in Mission Hills, CA. The HRC offers 30 beds of shelter for injured or ill homeless individuals nearing release from hospitals.

The HRC provides Intensive Case Management and Housing Location services for its residents. The HRC also provides three (3) meals a day, seven (7) days a week for homeless residents through partnership with our commercial catering kitchen. HRC residents are connected to mental health and medical services through clinic partner, San Fernando Community Health Center, a Federally Qualified Health Center (FQHC).

The aim of the HRC is to assist recently discharged individuals in their recovery by providing shelter, housing-focused case management, and dietary health.



# FACILITIES

OPEN 24 HOURS PER DAY, 7 DAYS A WEEK

- 30 specialized hospital beds, each with a 45" flat screen TV for individual viewing
- HRC supplies NEW headsets for each individual for quiet enjoyment
- Newly renovated shower and bathroom facilities
- Commercial kitchen with professional chef providing 3 quality meals per day
- Large outdoor patio with TV and smoking area for socializing
- Great location surrounded by many amenities
- You are free to come and go as you please



## CLEANLINESS IN OUR FACILITY IS A TOP PRIORITY.

Using a state-of-the-art cleaning system, the Clorox® Total 360® System, the HRC ensures a clean environment for our residents. When used with Clorox® Total 360® Disinfectant Cleaner, the Clorox® Total 360® System does the following:

- Kills 99.9% of bacteria in 5 seconds
- 20 organism claims: Kills cold and flu viruses, MRSA and norovirus in 2 minutes or less
- One-step disinfecting
- Eliminates odors
- Sanitizes soft surfaces
- Inhibits the growth of mold and mildew for up to 7 days

(EPA Reg. #1839-220-67619)

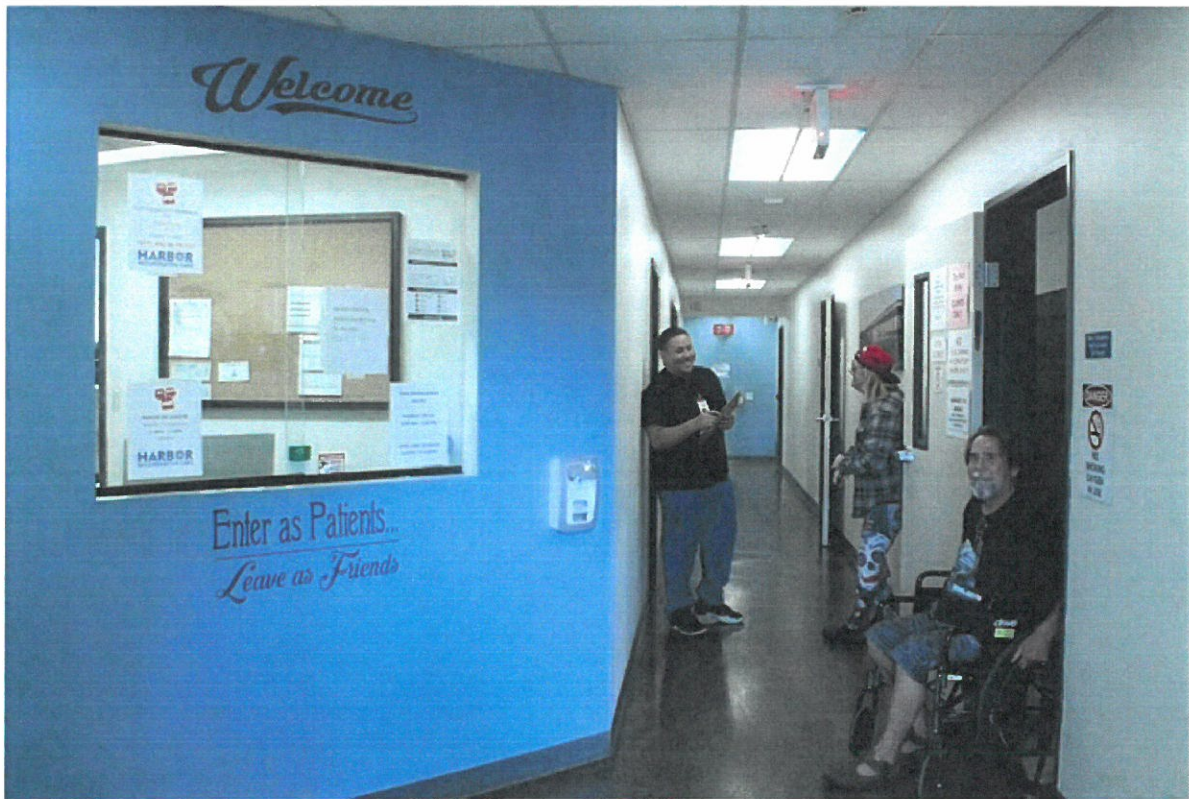






# SERVICES





### PERSONALIZED SERVICES FOR **YOU**:

- Learn life skills needed to make the most out of life.
- Resident Support
- Development of a personalized housing plan and housing referrals
- Assistance with public benefits enrollments
- Transportation To and From Appointments; such as regular doctor visits, dental and eye exams, getting to the DMV, and picking up prescriptions
- Wound care provided by an onsite clinic
- Assistance with monitoring medication according your individual medical care plan
- Game days giving residents a chance to win prizes
- Laundry is done for you



# GOURMET FOOD





## GOURMET FOOD

- Taco Tuesday
- World Famous Taco Salad
- Chinese Chicken Salad
- Fish Day on Friday
- Enchiladas
- Waffles/Pancakes/Egg Scrambled
- Surprise sack lunches on weekends (a favorite)
- All meals are healthy and delicious. Our staff loves the food!



# HOSPITAL INFO

***85% of our residents are placed in permanent housing at discharge.***

***ADVOCATING FOR THE HOMELESS WHO ARE FORCED TO GO BACK AND FORTH BETWEEN HOSPITALS AND THE STREETS.***

Headquartered in Mission Hills, CA, Harbor Recuperative Care Center provides that "home" environment where residents are



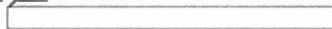
monitored by medical staff in an onsite clinic while receiving case management from social workers.



**Harbor Recuperative Care**

from Harbor Recuperative Care

03:20



The goal of the HRC is to aid in the recovery of individuals who have been recently discharged from the hospital by providing shelter, housing-focused case management, and nourishing food and then to transition each resident from Recuperative Care to more permanent Housing.

## Services Provided to Our Residents:

### WEEKLY RESIDENT ASSESSMENT

The assessment is the gathering of information about a patient's physiological, psychological, sociological, and spiritual status by trained staff. The assessment is the first step in the resident's process.

### INTENSIVE CASE MANAGEMENT

Case management services are provided by healthcare professionals working with people to identify issues and barriers that may prevent them from getting better and uncovering mutually agreed upon solutions to achieve their healthcare goals.

### DAILY VITALS

The four main vital signs routinely monitored by health care providers: Body temperature, Pulse rate, Respiration rate, and Blood pressure

## TRANSPORTATION TO/FROM APPOINTMENTS

- Get to regular doctor appointments
- Get to dental appointments and eye exams
- Go to the DMV
- Go to GR
- Pick up prescriptions

## LIFE SKILLS

Learn life skills needed to make the most out of life. Life skills are usually associated with managing and living a better quality of life. They help us to accomplish our ambitions and live to our full potential.

## DAILY WOUND CARE

Provided by onsite clinic

## MEDICATION ASSISTANCE

Monitor a patient's medication according to their medical care plan, which should specify your duties and what times of day you should provide medical assistance to them.

## HOUSING TRANSITION PLAN & REFERRALS





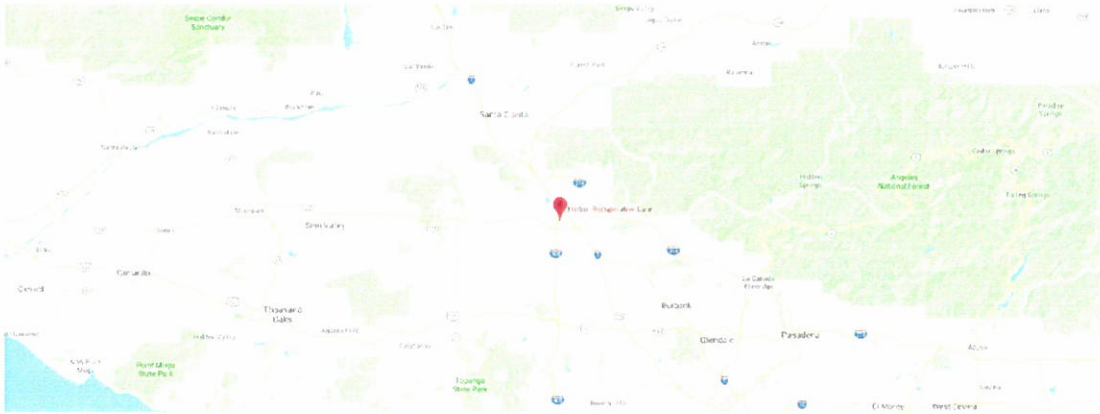
## MISSION HILLS LOCATION

11134 Sepulveda Blvd.,  
Missions Hills, CA 91345

MAIN OFFICE: 818-925-1460

ADMISSIONS: 818-925-1451

FAX: 818-350-4105



## LANCASTER LOCATION (Coming Soon)

44758 Elm Ave.,  
Lancaster, CA 93534

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